



Huron County Medical Care Facility & Rehabilitation Services



Race for Residents

Saturday, August 18th, 2018 – 9:30 a.m.

5k Road Race- 5k Walk

Kids Course—9:00 a.m.

Location: Start/Finish at Huron County Medical Care Facility
Times: 9:00 am (5k road race and 5k walk)
Age Groups: 13-under 14-19
(Men& Women) 20-29 30-39 40-49 50+
Refreshments: Available at the Finish
Facilities: Restrooms inside the facility (no showers available)
Splits: At mile 1 for 5k Runners & Walkers
Course Description: A combination of asphalt, grass and gravel country roads
Entry Fee: 5k Run/Walk: \$20.00 pre-entry; \$25.00 post entry for Runners and Walkers.
Kids Course: \$10.00 pre-entry; \$15.00 post entry.
Pre-entry guarantees an event T-shirt.
Medals for 1st place finishers in all age groups.

- Fundraiser to support Resident Council and Employee Enrichment Fund
- Make checks payable to: Huron County Medical Care Facility (HCMCF)

Deadline: Pre-entry July 20, 2018
Registration: 7:00am to 8:30am at Huron County Medical care Facility
1116 S. Van Dyke Bad Axe, MI 48413. Registration will be in the multi-purpose rooms
of the first floor rehabilitation unit.

Fill In Completely and Return to Attn: Vicki

Please Check: 5k Run: _____ 5k Walk: _____ Kids Course: _____
Name: _____ Phone: _____ Age: _____
Address: _____
City: _____ State: _____ Zip: _____
Female: _____ Male: _____
Adult Shirt Size: XL _____ L _____ M _____ S _____ Youth Shirt Size: XL _____ L _____ M _____ S _____

Disclaimer: It is fully and completely understood and agreed that with my participation during the HCMCF Race for residents run, in the (5)k walk or run, I undersigned, and or my parent(s), guardian(s), executor(s), and administrator(s), waive and release from all actions, claims, damage, demand, expense, injuries, and liabilities regardless of kind or nature which may in incurred as the result of my participation in any of the events, the HCMCF, and any and all sponsors of this event.

Signature: _____ Date: _____